

Arkendale 2009 Results

Time	Race No.	Forename	Surname	Category	Club
00:35:57	366	Richard	Barrett	M 40	Skipton AC
00:36:02	312	Darren	Burnley	M 40	Pudsey Pacers
00:37:09	220	Mark	Whiteman	M 40	Easingwold Running Club
00:37:15	173	Alan	Schofield	M 40	St Theresa's Athletic Club
00:37:20	302	Nigel	Ramsden	M 40	Easingwold Running Club
00:37:41	298	Chris	Hartley	M 40	Easingwold Running Club
00:37:49	359	Dave	Christie	M 40	Wigton Road Runners
00:38:22	129	Anthony	Ryder	M 40	Richmond and Zetland Harriers
00:38:30	321	John	Oliver	M 50	York Knavesmire Harriers
00:38:38	174	Christopher	Gill	M 60	St Theresa's Athletic Club
00:38:57	224	Mark	Harney	M 40	York Acorn
00:39:07	344	Pete	Baistow	M Open	Clayton le Moors Harriers
00:39:25	263	Steven	Baldwin	M Open	Scarborough Athletic Club
00:39:31	318	Stephen	Schofield	M 40	Dewsbury Road Runners
00:40:00	237	Martin	Randell	M Open	Newton Aycliffe A.C
00:40:05	63	Simon	Rycroft	M Open	Unattached
00:40:08	247	Paul	McGreevy	M Open	St Theresa's Athletic Club
00:40:29	339	David	Parkin	M Open	Unattached
00:40:33	4	Neil	Kingham	M 40	York Knavesmire Harriers
00:40:39	67	Andy	Todd	M 40	Nidd Valley Road Runners
00:40:47	128	Natasha	Hayes	F Open	Easingwold Running Club
00:40:50	214	Brian	Miller	M 50	Harrogate Harriers
00:40:54	296	Jim	Holding	M 50	Pocklington Runners
00:41:15	50	James	McGann	M Open	Easingwold Running Club
00:41:22	178	Robert	Durkin	M 40	Unattached
00:41:27	8	Martin	Smith	M Open	York Knavesmire Harriers
00:41:35	61	Paul	Stalker	M Open	Nidd Valley
00:41:39	340	Gareth	Burrow	M Open	Unattached
00:41:51	175	Adam	Gibbon	M Open	Evenwood
00:41:54	275	Clare	Pearson	F Open	Skipton AC
00:42:02	52	Jeremy	Elder	M Open	Unattached
00:42:09	7	Graeme	McAllister	M Open	York Knavesmire Harriers
00:42:24	166	Caroline	Turner	F Open	Unattached
00:42:27	46	Dan	Cartman	M Open	Unattached
00:42:30	362	Richard	Thompson	M 50	Aire Centre Pacers
00:42:32	164	Jonathan	Teasdale	M 40	Unattached
00:42:43	313	Ali	Cameron	M Open	Unattached
00:42:56	47	Steve	Holmes	M 40	St Theresa's Athletic Club
00:43:01	388	Ian	Grasby	M 40	Unattached
00:43:09	307	Simon	Rogers	M Open	Unattached
00:43:11	331	Daren	Rosamond	M Open	Bedale & Aiskew Runners
00:43:15	15	Simon	Drew	M Open	York Knavesmire Harriers
00:43:22	358	John	Richardson	M 40	Harrogate Harriers
00:43:25	55	Matthew	Page	M 40	York Knavesmire Harriers
00:43:27	80	Mark	Holt	M Open	Unattached
00:43:27	392	James	Shutt	M Open	Unattached
00:43:30	301	Matt	Rylatt	M 40	York Acorn
00:43:45	160	Stephen	Hall	M 50	Skipton A.C
00:43:54	228	Stephanie	Haughton	F Open	Unattached
00:43:59	37	David	Darton	M 50	York Knavesmire Harriers
00:44:00	368	Ray	Johnstone	M 50	Ripon Runners
00:44:05	341	Tony	Ditchburn	M 40	Richmond Zetland Harriers

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00:44:07	326	Tony	Essex	M 60	Harrogate Harriers
00:44:13	268	Jeremy	Lamb	M Open	Skipton AC
00:44:15	338	Mark	Taylor	M Open	Unattached
00:44:19	357	John	Robinson	M 50	Unattached
00:44:25	59	Phil	Raddall	M 40	York Knavesmire Harriers
00:44:26	390	Michael	Hall	M 40	Ripon Runners
00:44:32	187	Janet	Cordingley	F 40	York Knavesmire Harriers
00:45:08	79	Angus	Wells	M 40	Easingwold Running Club
00:45:15	256	Wanda	Macdonald	F 40	St Theresa's Athletic Club
00:45:23	141	Martin	Booth	M Open	Unattached
00:45:24	231	Andrew	Brookes	M Open	Unattached
00:45:25	253	Tim	Pocock	M 40	Harrogate Harriers
00:45:29	264	Tonia	Richardson	F 40	Totley AC
00:45:36	348	Chris	Bandy	M 40	Easingwold Running Club
00:45:38	233	Christine	Holleran	F 40	Nidd Valley Road Runners
00:45:40	355	Janet	Raper	F 40	Newton Aycliffe A.C
00:45:41	261	Peter	Rowley	M 50	Quakers Running Club
00:45:46	203	Wendy	Marks	F 40	Harrogate Harriers
00:45:47	170	Lorna	Wrigley	F Open	Unattached
00:45:50	269	Simon	Dodson	M Open	Unattached
00:45:53	273	James	Kirkpatrick	M 40	Skipton AC
00:45:59	354	Philip	Carling	M 50	Unattached
00:46:03	38	Colin	Lea	M 40	York Knavesmire Harriers
00:46:12	251	David	Beeson	M Open	Unattached
00:46:15	95	Rosemary	Baker	F 40	Holmfirth Harriers
00:46:22	255	Mark	Pressley	M Open	Unattached
00:46:28	346	Ruth	Warren	F 50	Unattached
00:46:31	147	Andrew	Jordan	M Open	Elvet Striders
00:46:32	183	Paul	Clark	M 40	Unattached
00:46:33	241	David	Long	M Open	Unattached
00:46:42	12	Dave	Williams	M 40	NYP AC
00:46:50	42	Alaistair	Macleod	M 40	York Knavesmire Harriers
00:46:55	377	David	Cooper	M Open	Pudsey Pacers
00:47:04	249	Scott	Wray	M Open	Ripon Runners
00:47:06	167	Sue	Simpson	F 40	Harrogate Harriers
00:47:08	169	Marcus	Bishop	M 40	York Knavesmire Harriers
00:47:17	394	Mike	Wray	M Open	Unattached
00:47:19	310	David	Houlgate	M 40	Unattached
00:47:21	291	Helen	Price	F Open	Harrogate Harriers
00:47:21	297	Dan	Wiggle	M Open	Unattached
00:47:26	33	Paul	Sanderson	M 40	Wakefield Harriers
00:47:32	132	Paul	Jacobs	M 50	Easingwold Running Club
00:47:35	94	Paul	Bainbridge	M 60	Bedale and Aiskew Runners
00:47:37	223	Julie	Harrison	F 40	Unattached
00:47:40	99	Andy	Gibb	M 40	Bedale and Aiskew Runners
00:47:54	149	Karl	Gerhardsen	M 40	Easingwold Running Club
00:47:58	179	Nicola	Carter	F Open	Unattached
00:48:05	395	Richard	Palmer	M Open	Unattached
00:48:06	300	Ronald	Davies	M 60	Ackworth A RR
00:48:08	105	Caroline	Hutchinson	F Open	Easingwold Running Club
00:48:10	316	Mike	Lamb	M 50	Skipton AC
00:48:13	336	Steven	Hood	M Open	Unattached
00:48:17	345	Philip	Fernyhough	M Open	Unattached

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00:48:19	328	Mark	Weatherill	M 40	Unattached
00:48:26	199	Tony	Bullough	M 60	St Theresa's Athletic Club
00:48:28	254	Matt	Leck	M Open	Unattached
00:48:32	73	Rob	Dales	M 40	Unattached
00:48:45	66	Les	Hunter	M 50	Unattached
00:48:49	101	Greg	Harrand	M Open	Unattached
00:48:54	229	Anne	Hartley	F 40	Easingwold Running Club
00:48:58	142	Karen	Clark	F Open	Unattached
00:48:58	181	Tony	Hill	M 40	Skipton A.C
00:49:08	68	Martin	Robinson	M 40	Easingwold Running Club
00:49:12	30	John	Young	M 50	Newton Aycliffe A.C
00:49:20	361	Dian	Craven	F 40	St Bedes
00:49:23	22	Vicky	Green	F Open	York Knavesmire Harriers
00:49:25	16	Simon	York	M 40	Nidd Valley Road Runners
00:49:34	135	Alison	Garlick	F 40	Unattached
00:49:40	184	Chris	Forster	M 50	Newton Aycliffe A.C
00:49:42	109	Suzanne	Rickard	F Open	Ripon Runners
00:49:49	191	Susan	Burton	F 40	Unattached
00:49:49	196	Hazel	Ives	F 50	Unattached
00:49:50	146	Janet	McRae	F 40	Newton Aycliffe A.C
00:49:52	3	David	Bish	M 60	York Knavesmire Harriers
00:50:00	31	Carol	Morrison	F 40	Easingwold Running Club
00:50:03	70	Toby William	Ware	M Open	Unattached
00:50:05	114	Peter	Robinson	M 50	Unattached
00:50:07	399	Dan	Wyrill	M Open	York Acorn
00:50:10	140	Paul	Norman	M 40	Skipton AC
00:50:14	230	Harriet	Reid	F Open	Easingwold Running Club
00:50:16	19	Richard	Gott	M 50	York Knavesmire Harriers
00:50:22	89	Robin	Kehoe	M 50	Ripon Runners
00:50:26	283	David	Watson	M 40	Valley Striders
00:50:27	294	Rachael	Nevins	F 40	Valley Striders
00:50:34	123	Paul	Muldoon	M 40	Unattached
00:50:35	322	Julian	Murray	M Open	Harrogate Harriers
00:50:36	148	Gillian	Garthwaite	F 50	Unattached
00:50:38	349	Paul	Eastwood	M 40	Unattached
00:50:45	6	Martin	Medlar	M 50	York Knavesmire Harriers
00:50:47	83	Richard	Kavanagh	M Open	Harrogate Harriers
00:50:49	121	Alex	Shaw	M Open	Unattached
00:51:01	334	Tim	Day	M Open	Unattached
00:51:02	72	Gillian	Barker	F 50	York Knavesmire Harriers
00:51:04	56	Joy	Allen	F 40	York Knavesmire Harriers
00:51:07	104	Debbie	Hansell	F 40	Easingwold Running Club
00:51:10	86	Carol	Ramsden	F 50	Horsforth Harriers
00:51:12	9	Margaret	Metcalfe	F 50	York Knavesmire Harriers
00:51:29	172	Clare	Rushton	F Open	Middlesbrough Mandale A.C
00:51:37	257	Gillian	Gray	F Open	St Theresa's Athletic Club
00:51:38	180	Dawn	Wheatley	F Open	Wetherby Running Club
00:51:42	351	Alan	Hamer	M 60	Unattached
00:51:46	39	David	Harris	M 40	Unattached
00:51:47	195	Richard	Ebbs	M Open	Unattached
00:51:54	244	Martin	Briggs	M 40	Unattached
00:52:01	185	Dave	Hanson	M Open	Unattached
00:52:03	265	Keith Graham	Richardson	M 50	Unattached

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00:52:21	168	Malcolm	Fawcett	M 60	York Knavesmire Harriers
00:52:27	337	Paul	Stocks	M Open	Unattached
00:52:32	35	Siobhan	Griffin	F Open	Unattached
00:52:44	317	Stella	Morgan	F Open	Ripon Runners
00:53:07	381	Robin	Llewellyn	M 40	
00:53:09	367	Julie	James	F 40	St Theresa's Athletic Club
00:53:13	5	Maureen	Medlar	F 50	York Knavesmire Harriers
00:53:14	325	Reg	Horner	M 50	Unattached
00:53:19	102	Hilary	Seward	F 40	Skipton A.C
00:53:33	397	Kate	Binner	F Open	Unattached
00:53:42	234	James	Dale	M 40	Unattached
00:53:44	88	Charles	Weatherill	M 50	Road Runners Club
00:53:46	44	David	Marsden	M 40	Unattached
00:53:47	242	John	Philips	M 40	Unattached
00:53:47	243	Lesley	Swales	F 40	Unattached
00:53:50	401	Michelle	Bell	F 40	Unattached
00:53:52	315	Graeme	Adams	M 60	York Knavesmire Harriers
00:53:52	350	Suzanne	Eastwood	F 40	Unattached
00:53:53	194	Graham	Baylis	M 50	Unattached
00:53:56	150	David	Rogers	M 50	Easingwold Running Club
00:53:59	126	Stuart	Ambler	M Open	York Kavesmire Harriers
00:54:04	11	Mike	Mahoney	M 70	St Bede's AC
00:54:07	207	Steve	Dewar	M 40	Skipton AC
00:54:08	62	Morris	Gregory	M 50	York Knavesmire Harriers
00:54:09	103	Abbie	Scott	F 40	Women's Running Network
00:54:12	235	Beverley	Dale	F 40	Unattached
00:54:13	311	Garry	Cooper	M Open	Unattached
00:54:14	363	Mel	Dutka	F 40	Ripon Runners
00:54:15	378	Jenny	Cooper	F Open	Pudsey Pacers
00:54:16	91	Nicola	Roughton	F Open	Unattached
00:54:25	165	Kelly	McDonald	F Open	Unattached
00:54:29	309	Pauline	Blackwell	F 50	St Theresa's Athletic Club
00:54:34	379	Keith	West	M 50	Valley Striders
00:54:36	171	Peter	Wrigley	M Open	Unattached
00:54:37	375	David	Thacker	M Open	Unattached
00:54:40	319	Kim	Schofield	F 40	Dewsbury Road Runners
00:54:48	320	Christopher	Maltby	M 50	St Theresa's Athletic Club
00:54:48	403	David	Lavelle	M 40	Unattached
00:54:53	222	Andrew	Gardner	M 50	St Theresa's Athletic Club
00:54:55	1	Dick	Hunter	M 60	York Knavesmire Harriers
00:55:04	262	Joanne	Anderson	F 40	Unattached
00:55:05	252	Kirstie	Hamilton	F Open	Harrogate Harriers
00:55:08	32	Bernie	Wood	F 40	Easingwold Running Club
00:55:16	306	Julie	Moorhouse	F 40	Unattached
00:55:17	225	Josh	Wong	M Open	Unattached
00:55:18	221	Sharon	Stoker	F Open	Ripon Runners
00:55:19	21	Judith	Watson	F Open	Unattached
00:55:19	158	Stuart	Pender	M 40	Unattached
00:55:23	151	Paul	Roberts	M Open	Unattached
00:55:24	210	Jan	Smith	F 40	Unattached
00:55:26	41	Margaret	Brown	F 50	York Knavesmire Harriers
00:55:30	246	Lisa	Walker	F 40	Pocklington Runners
00:55:34	154	Kathryn	Haw	F 50	Unattached

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00:55:35	324	Mark	Williams	M 50	Skipton AC
00:55:37	373	Tom	Wilderspin	M Open	Unattached
00:55:38	130	Debbie	Rycroft	F Open	Unattached
00:55:49	274	Suzanna	Dundas	F Open	Ferc
00:55:52	200	Sue	Holmes	F 40	Kippax Harriers
00:55:54	352	Emma	Newbould	F Open	Skipton AC
00:55:56	57	Margaret	Oliver	F 50	York Knavesmire Harriers
00:56:00	24	Matthew	Williams	M 40	Unattached
00:56:00	36	Jane	Hartas	F 40	York Knavesmire Harriers
00:56:09	186	Brian	Dobson	M 50	Pocklington Runners
00:56:14	58	Charlie	Craddock	M 40	Unattached
00:56:17	176	Caspar	Bean	M Open	Unattached
00:56:19	40	John	Alderson	M 60	Unattached
00:56:21	286	Melanie	Greenwood	F 40	Trail Running Association
00:56:37	23	David	Sleight	M 40	Unattached
00:56:40	64	David	Wraith	M Open	Unattached
00:56:40	217	Chris	Rose	F 50	Skipton A.C
00:56:42	245	John	Johnson	M 80	St Theresa's Athletic Club
00:56:43	74	Alison	Dales	F 40	Unattached
00:56:44	376	Simon	Middleton	M Open	Unattached
00:56:55	161	Karen	Newton	F 40	Easingwold Running Club
00:57:03	93	Julian	Graham	M Open	Unattached
00:57:14	343	Joanne	Scurrah	F Open	Unattached
00:57:22	227	John. R	Smith	M 50	New Marske Harriers
00:57:24	347	Lee	Oliver	M Open	Skipton AC
00:57:25	71	Jonathon	Harris-Douglas	M 40	Easingwold Running Club
00:57:28	118	Helen	Booth	F Open	Unattached
00:57:29	182	Gaynor	Clark	F 40	Unattached
00:57:30	122	Sarah	Shaw	F Open	Unattached
00:57:37	131	Tracey	Baty	F 40	Pocklington Runners
00:57:42	393	Lee	Carson	M Open	Unattached
00:57:45	278	David	Sowray	M 40	Unattached
00:57:50	267	Garry	Moss	M 40	York Knavesmire Harriers
00:57:53	155	Julie	Merrin	F Open	Unattached
00:57:53	188	Paula	Ferris	F Open	Unattached
00:57:58	157	Catherine	Lyons	F 40	Ripon Runners
00:57:59	156	Rob	Lyons	F 40	Unattached
00:58:02	138	Stephen	Ferguson	M 40	Unattached
00:58:04	108	David	Whapples	M 40	Link Running Club
00:58:06	303	Liz	Johnson	F Open	Unattached
00:58:07	258	Geoffrey	Hardman	M 70	St Theresa's Athletic Club
00:58:08	84	Sarah	Greenlees	F Open	Horsforth Harriers
00:58:12	51	Vicky Marie	Conley	F Open	Unattached
00:58:19	287	Simon	Martin	M 40	Unattached
00:58:20	177	Nicola	Banks	F Open	Unattached
00:58:22	398	Esther	Cartwright	F Open	Unattached
00:58:27	400	Alison	Balsdon	F 40	Unattached
00:58:42	163	Stephen	Booth	M 50	Unattached
00:58:47	202	David	Wiggle	M 50	Unattached
00:58:55	290	Malcolm	Howe	M 50	Unattached
00:58:56	396	Simon	Coates	M 40	Unattached
00:58:59	18	Dawn	Raimes	F 40	York Knavesmire Harriers
00:59:05	152	Sapna	Fitzgerald	F Open	Unattached

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00:59:08	387	Abigail	Clay	F Open	Unattached
00:59:09	380	Jane	Sanders	F 40	Valley Striders
00:59:16	305	Stacey	Maughan	F Open	Unattached
00:59:24	289	Rob	Davies	M 50	Unattached
00:59:26	370	Heidi	Jones	F Open	Ripon Runners
00:59:29	266	Claire	Macina	F Open	Ilkley Harriers
00:59:56	335	Denise	Walker	F 40	Unattached
01:00:08	29	Kathryn	Scott	F Open	Women's Running Network
01:00:16	270	Jane	Carter	F Open	York Knavesmire Harriers
01:00:24	60	Vivianne	Fraser	F 40	York Knavesmire Harriers
01:00:27	2	Lynda	Bish	F 60	York Knavesmire Harriers
01:00:28	45	Colette	Kon	F 40	Women's Running Network
01:00:29	272	Marc	Thomas	M Open	Unattached
01:00:33	120	Barbara	Khan	F 40	York Postal Harriers
01:00:48	25	Geraldine	Williams	F 40	Unattached
01:00:49	49	Anita	Clementson	F Open	Unattached
01:00:54	82	Justine	Greenhalgh	F Open	Unattached
01:01:02	78	Jennifer	Sibley	F 50	Unattached
01:01:08	281	Clare	Jenyns	F Open	Unattached
01:01:14	212	Andy	Young	M 50	York Knavesmire Harriers
01:01:17	144	Susie	Rymer	F 50	Unattached
01:01:17	279	Howard	Dawson	M 40	Unattached
01:01:21	369	Liz	Dixon	F 40	Unattached
01:01:32	201	Mark	Weldon	M 40	Road Runners Club
01:01:42	192	Sam	Jones	M Open	Unattached
01:02:03	248	Victoria	Clayton	F Open	Ripon Runners
01:02:21	112	Judith	Wood	F 40	Unattached
01:02:31	276	Kathleen	Basford	F 50	Unattached
01:02:39	282	Cath	Henderson	F Open	Unattached
01:02:48	293	Stephen	Woodhead	M 40	Unattached
01:02:54	364	Gillian	Marston	F 40	Ripon Runners
01:03:05	372	Penny	Phillips	F Open	Unattached
01:03:10	226	Polly	Wong	F Open	Unattached
01:03:14	53	Deborah	Elder	F Open	Unattached
01:03:18	85	Helena	Conlin	F 40	Ripon Runners
01:03:43	65	Alison	Brown	F Open	Unattached
01:03:44	250	Jane	Hopwood	F Open	Unattached
01:03:55	218	Ruth	Clapham	F 50	Swaldale Road Runners
01:03:56	219	Paul	Clapham	M 50	Unattached
01:04:00	205	Daniel	Stebbins	M Open	Unattached
01:04:03	193	Janette	Crabtree	F 40	Unattached
01:04:08	374	Pauline	Kilborn	F 50	Ripon Runners
01:04:10	332	Lynn	Fawcett	F 40	Easingwold Running Club
01:04:16	198	Lisa	Welford	F Open	Bedale and Aiskew Runners
01:04:27	271	Cheryl	Dabrowski	F Open	Unattached
01:04:37	124	Christopher	Ebbs	M Open	Unattached
01:04:50	277	Lynn	Dorward-Benn	F 40	Unattached
01:05:04	384	Caroline	King	F 40	Ripon Runners
01:05:06	26	Ann	Collier	F 50	Unattached
01:05:24	28	Andrea	Williams	F 40	Unattached
01:05:26	127	Cliff	Simm	M 70	Easingwold Running Club
01:05:35	107	Suzanne	Furey	F Open	Unattached
01:05:40	314	Katie	McGoohan	F Open	Unattached

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01:05:51	87	Philip	Ramsden	M 40	Horsforth Harriers
01:05:53	284	Stephanie	Windsor	F 50	Unattached
01:06:07	34	Elizabeth	Green	F 40	Unattached
01:06:11	116	Jo	Lonie	F Open	Unattached
01:06:49	143	Dot	Carr	F 60	Unattached
01:06:51	17	Sharon	Clements	F Open	Unattached
01:06:51	259	Katie	Hyde	F Open	Unattached
01:06:53	295	Jackie	Glass	F Open	Unattached
01:07:07	48	Liz	Hemsley	F 40	Unattached
01:07:16	125	Helena	Teige	F Open	Unattached
01:07:19	285	John	Tiffany	M 60	Skipton AC
01:07:43	232	Kat	Shepherdson	F 40	Unattached
01:07:47	27	Coralin	Harrison	F 60	Harrogate Harriers
01:07:50	98	Jane	Bond	F 40	Unattached
01:07:52	209	Samantha	Westwood	F Open	Unattached
01:08:04	323	Pauline	Ward	F 60	Unattached
01:08:05	139	Dawn	Dowding	F 40	Unattached
01:08:05	208	Douglas	Tooth	M 60	Ripon Runners
01:08:21	75	Rachael	Sargeant	F Open	Unattached
01:08:22	371	Kathleen	Sturgess	F 40	Sweat Equity
01:09:05	113	Karen	Robinson	F 50	Unattached
01:09:19	110	Jane	Thompson	F 40	Unattached
01:09:19	111	Susan	Davis	F 40	Unattached
01:09:28	236	Debbie	Fanning	F 40	Unattached
01:09:30	136	Vicki	Rudden	F 40	Unattached
01:09:32	20	Sue	Igoe	F 40	York Knavesmire Harriers
01:09:33	76	Michelle	Atkins	F 40	York Knavesmire Harriers
01:09:33	211	Susan	Adams	F 50	York Knavesmire Harriers
01:09:33	240	Helen	Leach	F 40	York Knavesmire Harriers
01:10:11	304	Jean	Snelling	F 70	York Knavesmire Harriers
01:10:12	43	John	Elliott	M 60	Swaledale Road Runners
01:11:02	239	Ruth	Small	F Open	Unattached
01:11:03	238	Nicola	Patel	F 40	Unattached
01:13:24	14	Kim	Middleton	F 40	York Knavesmire Harriers
01:15:10	77	Eleanor	Hartas	F Open	Unattached
01:15:51	92	Nicola	Graham	F Open	Unattached
01:17:26	280	Amanda	Mitchell	F Open	Unattached
01:21:13	356	Trish	Garbutt	F 50	Ripon Runners
	10	Kate	Akrill-Misso	F Open	Fetch Everyone Running Club
	13	Darren	Cox	M Open	Richmond and Zetland Harriers
	54	Richard	Thorneycroft	M 50	York Knavesmire Harriers
	69	Zack	Whitehead	M Open	Otley A.c.
	81	Charles	Staniforth	M 40	Unattached
	90	Pippa	Hutton	F 40	Easingwold Running Club
	96	Marwan	Khoeiry	M Open	Stadium Runners
	97	Jaqui	Dews	F Open	Holmfirth Harriers
	100	Louise	Harrand	F Open	Unattached
	106	Michael	Pemberton	M 50	York Knavesmire Harriers
	115	Philip	Mitchell	M 60	Unattached
	117	Jonathan	Booth	M 40	Unattached
	119	Lucy	Emmott	F Open	Unattached
	133	Sharon	Brennan	F Open	Unattached
	134	Phillip	Garlick	M Open	Unattached

## Arkendale 2009 Results

137	Sandra	Ferguson	F Open	Unattached
145	Richard	Annable	M 50	Skipton A.C
153	Virginia	Hamer	F 50	Unattached
159	Graeme	Thynne	M 50	Unattached
162	Susan	Streather	F 50	Unattached
189	Johnny	Hicks	M Open	Unattached
190	Gina	Bailey	F Open	Easingwold Running Club
197	Derek	Ives	M 50	Skipton Athletics
204	Helen	Stebbing	F 40	Unattached
206	Sally	Dewar	F 40	Skipton AC
213	Ken	Dart	M 60	Easingwold Running Club
215	Alfred	Lindsay	M 60	Easingwold Running Club
216	Andrea	Adams	F 40	Unattached
260	Helen	Eaden	F 40	
288	Lynn	Symonds	F 40	Ripon Runners
292	Martyn	Price	M 40	Harrogate Harriers
299	Sarah	Nettleton	F 40	York Knavesmire Harriers
308	Andrew	Grant	M Open	Harrogate Harriers
327	Katy	Hill	F 50	Unattached
329	Sally	Robinson	F 40	Bingley Harriers
330	Fiona	Davies	F 40	Skipton AC
333	Sarah	Harriss	F Open	Unattached
342	Lisa	Baker	F Open	Unattached
353	David	Moore	M 40	Unattached
360	Dawn	Griffiths	F Open	Unattached
365	Sean	Folan	M 50	Unattached
382	Angela	Llewwllyn	F 40	
383	Michael	Williams	M 50	Easingwold Running Club
385	Paul	Phillips	M 40	Bedale & Aiskew Runners
386	John	Gibson	M 50	Unattached
389	Damian	Crosse	M 40	Unattached
391	Paul	Fenn	M 40	Unattached
402	Helen	Stothard	F Open	Fetch Everyone Running Club
404	Jackie	Franks	F 40	Unattached